



June 2017

Professionally SPEAKING

Volume 59, Issue 6



Expert in Nursing Care Award

The Mid-Ohio District Nurses Association's Expert in Nursing Care award is given on annual basis to a nurse member who demonstrates extraordinary nursing care in ordinary settings, brings 'heart' into his/her practice, and exhibits the five values of an Expert of Nursing care into his/her practice: Compassion, Competence, Conscience, Confidence and Commitment. This year's Expert in Nursing Care award recipient is **Deborah Shields, Ph.D, RN, CCRN, AHN-BC, QTTT**. Debbie was nominated by her husband David Shields and Capital University CON Associate Dean, Heather Janiszewski-Goodin.

"We are excited to nominate Deborah Shields, PhD, RN for an Expert in Nursing Care Award to recognize outstanding Registered Nurses. Dr. Shields has been a Registered Nurse for 34 years and has been a member of the Mid-Ohio District Nurses Association for many years.

Debbie emulates the five values of an Expert in Nursing Care in practice. Her compassion for nursing, students, our profession, and humanity is unwavering. She mentors students in our undergraduate and graduate nursing students about holistic nursing concepts and scholarship projects. She not only cares about her students' successes, she listens and guides them to be the very best version of themselves. She meets

students where they are and provides them an atmosphere of learning, growth, and reflection.

Dr. Shields has been an expert in holistic nursing for over 30 years and a nurse educator just as long. She is a board certified Advanced Holistic Nurse, a Qualified Therapeutic Touch Teacher, an End of Life Nursing Education Consortium Trainer, and a certified critical care nurse. She earned her Masters degree in 1986 and her PhD in 2008. She is a tenured, full professor at Capital University in Columbus, Ohio. She received the Holistic Nurse of the Year award in 2009 and the AHNA Service Award in 2014 from the American Holistic Nurse Association. She is a member of numerous nursing organizations and has several publications, including peer-reviewed articles, chapters, and is the editor of three books.

Her conscience, confidence, and commitment are strong, ethically bound yet very humbling and caring. Dr. Shields is very open-minded when it comes to the nature of holistic nursing practice and self-care but has a high regard for rigor and evidence-based practice using both qualitative and quantitative research. She is an experienced educator and bedside registered nurse (still to this day – she works at Doctor's West in the PACU) and is often a quiet leader but emulates confidence and commitment with her very presence."

Congratulations Debbie!!

Town Hall Meeting Scheduled

MODNA will be hosting a Town Hall style meeting at the OhioHealth Arthur G.H. Bing, MD Cancer Center, Lower Level Meeting Rooms A & B, 500 Thomas Lane, Columbus 43214 on June 28th at 6:00 pm to discuss the proposed changes in ONA's bylaws. ONA CEO Lori Chovanak will be on hand to answer questions and share the ONA Board's vision for ONA's future. Please plan to attend; you can send your RSVP for this meeting to modna@modna.org. A light meal will be served.

Congratulations to...

MODNA Scholarship Recipients

Debbie Cannon Freece Nursing Leadership Scholarship:

- Mildred (Millie) Silvestri - \$750.00
The Ohio State University College of Nursing
- Sarah Myers - \$550.00
The Ohio State University College of Nursing

Dorothy A. Cornelius Scholarship:

- Glen Cline - \$2000.00
The Ohio State University College of Nursing
- Kaitlyn Kemmner - \$2500.00
The Ohio State University College of Nursing



l-r: Kaitie & Glen Kline, Jonathan Kolcun & Kaitlyn Kemmner

Annual Celebration of Nurses

We proudly celebrated nurses and our 92nd anniversary at this year's Annual Dinner with colleagues both old and new. We were honored to have students and faculty from Capital University, Chamberlain, Mt. Carmel, Otterbein, Columbus State and Ohio State University. The Villa Milano restaurant provided us with a great meal, including several singing waiters who were happily clearing tables after the event!!



Our keynote speaker for the evening was Master Jeremy Roadruck from Centerville, Ohio. Jeremy, also known as "The Kung Fu Guy" has taught Karate for 18+ years with a focus on strengthening the minds and bodies of children. His book *"Your Best Child Ever: Is This Game Worth Winning"* earned him the rank of #1 bestselling author on Amazon. Jeremy both entertained and challenged those present - entertained with his examples of how to fall safely by 'going low' to minimize fall distance, and challenged us to think of workplace issues from an energy perspective and then suggested ways we could use and/or re-direct those external forces of negative energy that sometimes come our way.





The Mid-Ohio District Nurses Association is proud to sponsor the Ohio Action Coalition's

Nurses on Boards: Are You Ready to Serve?

Presenters: Deborah Young, MSN, RN-BC, CPN
Ann Stalter, PhD, RN
Terry Pope, MSN, RN
Deborah Arms, PhD, RN

When: 2 Sessions to Choose From: 8:30 am – 4:00 pm on either
Tuesday, June 27, 2017 or Friday October 27, 2017
*Registration begins at 8:00 am - snacks & lunch provided

Where: Chamberlain College of Nursing, Room #115
1350 Alum Creek Road, Columbus 43209

Who: Registered Nurses & Nursing Students

Cost: Free to MODNA members and students! Contact hours offered.
\$25 for nonmembers

Registration: Contact the Mid-Ohio District Nurses Association
at modna@modna.org or 614-326-1630

Questions: Contact Shirley Funt at smfunt@modna.org or 614-326-1630

In Memoriam

Kathryn Heinzerling, BSN passed away on May 13, 2017



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MONTANA

Connect with us at one of our hiring events in Ohio

CLEVELAND

June 6, 2017

Brunch: 8–10:30 a.m.

or

Cocktail reception: 5–7:30 p.m.

VIRTUAL

June 7, 2017

Select a half-hour time that best fits your schedule, 10 a.m. to 5 p.m.

COLUMBUS

June 8, 2017

Brunch: 8–10:30 a.m.

or

Cocktail reception: 5–7:30 p.m.

Register at WesteRN.jobs/OhioMODNA

Whether you're an experienced nurse or just earned your degree, we can help you with your next step. We're looking for pioneering RNs who will go the extra mile to join our 38,000-strong team of nurses as we make a difference together.

Our 160 year-old organization:

- Serves more than 11 million people in nearly 900 hospitals and clinics
- Offers a continuum of care from birth to end of life
- Operates in five states, from urban centers to rural settings

Join us in person at one of our events in Ohio or participate in our virtual event.

RSVP at WesteRN.jobs/OhioMODNA

Planning Calendar

June 6 th	Nursing Transitions Initiative committee ~ 5:30 pm; MODNA Office
June 13 th	Continuing Education committee ~ 5:00 pm; MODNA Office
June 14 th	Board Meeting ~ 5:30 pm; MODNA Office building 2 nd floor conference room
June 27 th	Nurses on Boards: Are You Ready to Serve? ~ 8:30 am – 4:00 pm; Chamberlain College of Nursing, Room #115, 1350 Alum Creek Road, Columbus 43209
June 28 th	Town Hall Meeting ~ 6:00 pm; OhioHealth Arthur G.H. Bing, MD Cancer Center, Lower Level Meeting Rooms A & B, 500 Thomas Lane, Columbus 43214

Mid-Ohio District Nurses Association
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Professionally SPEAKING
Serving Registered Nurses in
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